

Setting Boundaries

by Abbe Futterman



Step 1:

- Walk with the children and establish some non-negotiable guidelines, such as not harming any of the living things that we encounter.
- Create some boundaries in terms of where the children may explore and places that are off-limits.

Step 2:

- Think of how you might help the children find a productive focus.
- Some find focus easily, others may need more support.
- Have a back-up plan for children who have difficulty coming up with engaging and safe exploration.
- This might be a specific activity or curricular focus.

Step 3:

- Whether the activity is structured or unstructured, the children will likely need some tools and materials such as
- Magnifying glasses, cups, digging tools, clipboards, paper, pencils, or watercolor paint and paintbrushes.
- Think through in advance what these will be, how will you set them up, and how will the kids access them and put them away?
- These materials will nourish and build depth into the activities.

Safety Rules

Take care of the environment and the animals in nature.



If you don't know what something is, do not touch it.



Never put anything in your mouth when working in nature.



Sometimes you will need to wear protective goggles and gloves.

