













Green Onions



Instead of cutting off and tossing the end of the onion with the little roots growing out of it, try growing a new onion instead!

- Plant it, root end down in some quality potting soil.
- 2. Place it in a sunny window.
- 3. Keep it watered.
- 4. Watch it grow.

NOTE: This is a great project because the green part of the onion will grow back quickly – in less than two weeks it will be tall enough to snip the top off and eat.

Celery



- 1. Cut stalks off about two inches from the bottom of the celery bunch.
- Place the white base in a shallow bowl of water-DO NOT SUBMERGE.
- 3. After several days, roots will begin growing from the base and leaves will grow from the top.
- 4. After about a week, you can plant it in soil with only the leaves above the surface.
- The plant will continue to grow until you've got a new head of celery to harvest.

NOTE: Keep in mind that celery is a cool weather crop, so plant outside in early spring rather than waiting until the hot summer months.

Potatoes





Directions for small and large potatoes:

- Small potatoes can be planted whole.
- Large potatoes like bakers, cut into pieces making sure there are a couple of "eyes" on each piece.
 NOTE: Allowing the pieces to dry out for a day or two may help prevent rotting
- Plant the pieces in your garden or a container filled with well-drained potting mix and wait for them to sprout.
- 4. In a few months you should be able to dig up a whole bunch of new potatoes

Sweet Potatoes



Even easier to grow than potatoes, with sweet potatoes you don't have to look for any "eyes."

- 1. The easiest method is to plant the entire sweet potato.
- 2. To produce more than one plant; however, cut a sweet potato in half and suspend it using toothpicks in a shallow container of water.
- 3. Roots and sprouts will begin to grow in a few days.
- 4. Once these sprouts are about four inches or so in length, just twist them off and place them in a container of water.
- 5. Then, when the roots from this container reach about an inch in length, you can plant them in soil in a garden or large container.

Romaine Lettuce



Growing romaine lettuce from scraps is similar to growing green onions and celery.

- 1. Cut off the lettuce you plan to eat and leave a couple of inches at the base about 2 inches.
- Place the romaine heart in in a shallow bowl of water-DO NOT SUBMERGE.
- The new leaves will start to grow from the center.
- 4. Remove outer leaves as they start to die.
- 5. You can eventually plant your romaine lettuce plant in soil.

Garlic



A garlic bulb is made up of individual garlic cloves. Take one of the individual garlic cloves and plant it in your garden in the fall – root side down and the tapered end of the clove pointing up. The next spring or summer you can harvest a full bulb of garlic.

It is ready when the tops begin to turn yellow and fall over.

You can also plant garlic cloves in pots indoors near a sunny window and have a constant supply of fresh garlic bulbs.

Ginger



If you've got more ginger root than a recipe calls for, you can freeze it to use later, or you can plant it to grow more ginger root.

- 1. Put the root in moist potting soil with the newest buds facing up.
- 2. Ginger is a tropical plant, so you'll probably want to keep this one indoors.
- 3. Green shoots will come up out of the soil and the roots will spread out
- 4. After a few months, you can harvest pieces of the root, covering it up with soil again when you've taken what you need so that it can continue growing.